**Take Back Your Power**
**And put a stop to those who abuse authority to ruin your life**

In this new age we learn that we all create our own reality, and yet society teaches us that others are in charge, and we are in fact powerless. In our spirituality we learn of the importance of trust, and yet society teaches us to trust the one in charge, not ourselves. It is obvious that in order to reclaim our spiritual power we have to take our power back from society. To do this you must first understand the different ways in which power has been taken from us.

Since the dawn of society they have always been a few individuals who sought to have power over others in order to more easily fulfil their own dreams. These few have always become the leaders, and have tricked others into thinking they have some kind of divine authority. Society has been created so that the leaders prosper while others work hard to support them. The society to continue to function, it depends on at least 80% of the population expected no more than to work and survive. This requires them to be kept in low wages, ignorant and in low self-esteem. The government, the employment system and the education system are all designed to keep them this way.

From the very beginning the leaders have always used the same weapons of control to take away our power and value. There are basically eight of these, and once we understand these we can take back our power and begin to create our own reality the way we were meant to.

The first weapon is force. Originally this meant using armies to control people, but today the government still use the police force in the same way. If we don't obey we are thrown in prison. We have no say in the laws no matter how ridiculous or illogical they are. We have no control of how much tax the authorities can take from us, and they never had to be accountable for how they spend our hard earned money. And yet those in charge can twist the law any time they choose.

The second weapon is fear. Initially the fear was of violence, but then the leaders learned that people could be manipulated more subtly and therefore more easily by acting on the fear of the unknown, of insecurity or of disapproval.

The third weapon is guilt. This happens a lot with individuals in your life, as people soon learn they can control your behaviour by making you feel guilty. This often comes by exaggerating the impact of your actions, so they make you believe they are hurt when you don't behave in the way they wish you to. It is also set up by creating a standard of behaviour and then making you feel wrong anytime you don't live up to that standard.

The fourth weapon is approval. We all have a need for love, and this often gets distorted into a need for approval. With that need, it is easy to people to manipulate us through disapproval. The need to be proved of forces you to act in ways you might not agree with. You will find yourself sacrificing all your power and freedom to the one whose approval you seek.

The fifth weapon is lying or withholding information. When you don't have the right information, you are unable to make the best choice your own highest good. One of the main weapons used by politicians, leaders and priests is to simply lie about their real motive in asking you to sacrifice your values and power.

The sixth weapon is duty and honour. Honour can be a wonderful value, but is often twisted to be used against you. We get conditioned into a false sense of fairness that makes us give away our money and energy. By being told we have a duty to our country, we give away all our energy, power and money to those in charge. Many are even conned into giving away their lives in war, thinking they are fulfilling a duty to the country, when it is really simply for the profits of those who already hold all the money.

The seventh weapon is altruism. This again can be a wonderful value but is often twisted to manipulate us. It is natural for us to have compassion and therefore consider other needs apart from our own, but through this we are conned into thinking that to focus on our own happiness is selfish and therefore sinful. It is this illusion that leads us to believe that man is here to serve, so we spend our lives working hard with no thought of reward. Religions have largely been controlled by the same leaders to totally condition us into this attitude of servitude. When such a lie becomes a religious ideal, we are totally controlled so that we readily give away all the fruits of our labour, supposedly to the whole, but actually to a few superrich leaders. When a few individuals show a spark of independence and try to retain some of their harvest, the state is granted full power to hunt them down, crush them and confiscate everything.

The eighth weapon is image manipulation. This weapon is particularly powerful because most people are not happy with the way they are. When we are taught a set of standards to live up to, we can be made to feel bad when we don't live up to them. So we can be taught that we are bad if we don't totally suck up to our leaders, that we are not spiritual if we show any aggression or look after our own personal needs, that we are cowards if we don't die for our leaders, that we are evil if we seek to overthrow our aggressors, and so on.

When you realise how much of your power has been taken from you throughout your life, it is no wonder that you are no longer able to create the reality desire. We have all become accustomed to living a powerless life, with low expectations while being constantly drained by the ones in charge. And so the magic and metaphysics don't seem to work. The first thing we need to do, therefore, is take back all the power we have lost. Luckily there is a simple method for doing this.

You are going to do this as a daily meditation. Close your eyes and relax, forget about the world around you, then let your mind dwell on some inner reality. It might be some beautiful place in nature where you imagine yourself to be, or just in a dark room. In this place you are going to imagine that you are holding a stick of birch or oak, which ever feels better. With this stick draw a circle of focus clockwise on the ground around yourself. You are then going to call to the circle people who have taken your power away. They can come to the edge of the circle but can't cross the line. For each person you are going to recognise the ways in which they have taken your power, then imagine them holding this power as a ball of energy or some symbolic form, and you are going to reach out and take it back. They won't want to give it up freely, but in this circle truth prevails, so you will win, but might need to wrestle them for it. You will need to do this number of times, as you'll remember many people who have taken some of your power. There is the added problem that once you've become weak it is hard to win back your power, so at first you won't be able to get it back in one go. You will need to do it several times until you have got it back. As you get stronger, it will get easier. You begin with individuals around you. It can be parents, school teachers, bullies, con artists or people you had relationships with that were controlling. Then you'll move on to the authorities who have taken the greatest amount of power. You might not know who the actual people are, but it is easy to imagine them as cloaked figures you can't quite see, as they do tend to be hidden. Some of these figures might not be individuals, but representatives of the government, religion etc. You are going to keep taking back your power until you have got it all back. You made need to do this every day for several weeks.

During these few weeks you will find yourself changing. As power comes back to you, you will feel more independent and confident, and will have a lot more trust that you can create the life you want. You will know when you have your power back when you feel totally in charge of your own life. Your grasp of metaphysics will improve, and you will know without doubt that your life is entirely your creation, and even those who appeared to ruin your life are just creations of your shadow. However, in order to hold this power, you need to remember the tools to change your reality. You can't own your power so long as you allow the tyrants to remain. What you must remember now is that part of our creative power is the ability to disintegrate the creations we don't want. It is like we are given a pruning knife that we have forgotten to wield.

In our exploration of the world, we create many things that are wrong, and it is part of our divine

gift that we should be able to destroy these mistakes and start again, as we explore and experiment with our creative power. What we are talking about here is our power to destroy which we were gifted with many times, but for various reasons have laid it down or forgotten it. It was first given to us in Atlantis, but that is also a power we made mistakes with, and so our fear and guilt from the destruction that was caused made us give it up. In Rome, Ariadne gave the witches the power to curse so they could fight back against their oppressors. Because the common people were able to re-establish their freedom and power, the authorities have been intent upon suppressing magick more than anything else. And so the church, which was an extension of the Roman conquest, put all their energy into waging war on the witches. Even in the new age, where people think they're not influenced by the old religions, they still have a horror of the power of cursing. All the modern ideals of peace and nonaggression were seeded by the tyrants who want to keep us docile and easily controlled. This has greatly influenced modern man's understanding of karma. Karma is not a system of punishment for supposed wrongs. That idea stems from the Christian concept of a punishing God. Karma is really a system of continually refining ourselves through experience. We are all attempting to free ourselves from the illusion while bettering ourselves in every way we can. Through experience we learn the best way to do this, and also learned that others have an important role to play, and that furthering ourselves requires compassion for everyone else. The whole idea that we can avoid Karma through non-action is ridiculous. A rock that sits there doing nothing will be worn away by the weather. When we fail to act, others take everything of value, and we lose out. It is not bad karma to seduce a person through magic or otherwise. If you fail to act the other person will simply become part of someone else's Karma. It is not bad karma to be aggressive with somebody who is trying to harm you. If you fail to stop them, then it is your karma to be continually abused. Further, if you don't stop the aggressors when you could, and they also abuse others, then you also carry the karma of the others abuse. You therefore creates the worst karma by refusing to use the divine gift offered to you to remove the evil from the world.

In understanding the laws of karma, we also understand the law of shadow; when we deny our ability to destroy, we also lose the ability to create. For unless we are willing to put a stop to the tyrants who disempower us, we can never really step into the resonance of being the creators of our own reality.

In order to reclaim this power, there are some simple delusions to overcome. Delusions come in two types: delusions of grandeur and delusions of insignificance. Delusions of grandeur often get busted by life. It is the delusions of insignificance that we most need to release ourselves. To think we can change the world alone is an illusion of grandeur. To think we can't make a difference to the world is a delusion of insignificance, for if many people work for the same goal, you may be the one that tips the balance. We all have our role to play, and if we play it, together we change the world. So here we understand another law; that individual and global success are not separated. The more we act to stop the evil in the world, the better we can recreate our own lives, and vice versa. For that reason, in order to gain your full power, you are going to learn to make change globally as well as personally. You are going to reclaim the power to curse, and be ready to use it both to destroy the greater evils in the world, and to bring retribution to the tyrants who make your own life a misery; be these prejudiced police who victimize you, companies who rip you off because you don't have the money to fight them in court, hostile benefit offices who delight in using the system against you to delay payment and push you to the edge of starvation (you'd be surprised to know how often this happens), schoolteachers who victimise you and your children for stepping outside the box, speed camera offices who impose unfair penalties upon you when you know their laws are ridiculous, or any violent people that the police fail to control. Of course, you are going to follow your conscience to apply this with fairness and wisdom, having learned through many lifetimes of experience. For whereas in our law system these abusers seem to have ultimate authority over you, in the cosmic scheme they are the worst offenders and it is both your right and your duty to bring divine retribution upon them. If you have taken back your power from the authorities you'll be more able to listen to your own conscience and know when you're bringing true justice or whether you are being tempted to abuse power yourself.

If you've spent a few weeks taking your power, you'll be ready for this next step. As you make the choice to stand in your own power, you will no longer believe in the conditioning that has stopped you from acting until now. Hopefully you would have taken back your power from religions as well as society. This step is a powerful process for claiming the power to destroy. I will describe it carefully here, but it will also be on a sound file so you can let yourself be guided through the meditation.

Meditation to Claim the Power to Destroy

Begin by relaxing with your eyes closed. Take a moment to relax deeply and forget about the world around you. Imagine instead of beautiful place in nature and take a moment to open all your senses there. From this safe place you are going to begin a journey of gathering. There were certain qualities you gather as prerequisites to claiming power. You can imagine yourself breathing these qualities from the air, or see them in symbolic form as natural objects that you gather. First, you gather from the higher ground. The qualities you gather here are your trust, courage, confidence, authenticity, character and value. Secondly, you gather from the Hallows. The Hallows is where you wake up, which is one of four places; love, beauty, enchantment or solitude. Each of these four places has a negative substitute which people take when they don't find their Hallows. Through Love you find God through a sense of knowing and closeness. This can also be found through pain. This is why you find abusive relationships and relationships with people who bond through pain. When someone can't let the love in, they get close through pain. So if your life is full of pain you know you need to wake up through Love. Beauty gives you a sense of your eternity. Violence can do the same thing. When people are violent their deeper motivation is that they are trying to play God. So if you're surrounded by violence, you need to wake up through beauty. Enchanted moments are the cracks and crevices in your life that the soul speaks through. The same happens through crisis. So if you constantly have crisis, you are meant to wake up through enchantment. Solitude is the space where you become intimate with yourself and discover your spirituality. This can also happen through loneliness. If you are lonely, what you really need is solitude. Figure out which is your Hallows and gather it in this meditation. The third thing you gather is passion. Fourthly, you gather of your momentum, resonance, balance or abundance.

The momentum in your life should be upwards. Your positive energy and expectation create success, and each success makes you more positive and raises your expectation further.

Your resonance consists of the many energies that make up your being and therefore your reality. Understanding the balance of your different qualities is your resonance.

In balance, there are several things you need to learn to balance. The illumination must be balanced with shadow, or else it deludes and becomes destructive. Fantasy must be balanced with wisdom or it becomes ungrounding. Guidance must be balanced with boundary of else you lose yourself. Movement must be balanced with direction, or it leads to frenzy, chaos and madness. Freedom must be balanced with responsibility, or it becomes tyranny. Presence must be balanced with authority, or the world seems to overwhelm you. Love must be balanced with will, or it leads to apathy, pain or masochism. Will must be balanced with love, or it becomes control and manipulation. In this fourth position, you gather what ever of the above you most need.

Fifthly, you gather from the core of power, which is either love or will, whichever you need to provide the balance. Sixth, you gather power itself. And seventh, you gather of the high magick, which is either the love that sources everything, or choice you haven't yet learned to make. Having gathered all you need, you move on to the three gates of empowerment.

The first gate is the gate of healing. There are two things that are healed here; delusions and broken alliances. The most likely delusion you will let go of here is the delusion of insignificance; with all the conditioning of weakness and the laws of non-action and non-violence which keep you

controlled. The alliance that you heal will be with some part of yourself. It may be the warrior or maybe the magician that you had lost through this delusion. You will simply see some gate in nature, which could be a hole in a rock, a gap between trees, or an actual gate, and you will step inside into a kind of void and let the healing happen. You will feel when you have changed, and then you come out of the gate and move on to the next one.

The second gate is the gate of finding. In this gate you will claim the power to destroy. It can be found in three places: all lost power can be found in Atlantis. All forgotten power can be found in Lemuria. All power not yet claimed can be found in Sirius. Where you find yourself in this gate depends on whether your power was lost, forgotten or you never claimed it in the first place. Here just take the power be in offered to you, whatever form it comes in.

You then come out and go onto the third gate; the gate of facing. What you face here is your Majesty and magnificence. We all learn about facing our darkness, but through our negative conditioning it is often harder to admit our light and divinity. When you enter this gate, you will face your Majesty and magnificence, even if at first it is only a glimpse. When you come out of this gate, you may end the meditation. You will now have the power to use any of the following magical workings.

## Spells of Destruction

1) Destruction of universal daemons.
This is a working I invite everyone to join in. The more people that work together, the faster we change the world for the better. You can do this in your own time, or if you wish you can join my global linkups group and be given times when we all work together. At this stage we are not attacking any individual, so it should not conflict with anybody's morality. What we are destroying is an elemental energy created by all of the corruption and greed in the corridors of power. These elemental energies when continuously fed develop a life and character of their own. So there are daemons within the places of power which continuously feed people's corruption and greed. It is generally not the world leaders we see that are the cause of corruption; they are actually pawns to a few people who hold all the money. Their greed then corrupts all the businesses and authorities they have a hold on. As an example, the pharmaceutical companies which were once created to help cure illness have been taken over by a moneymaking attitude that sacrifices people to profit. Their aim then, is not to relieve illness, but to make the whole nation drug dependent, so they make more and more expensive and addictive drugs. This requires them to spread disease, not cure it. That is why they spend money lobbying Parliament to ban all safe herbs and natural healing arts that are a threat to their monopoly. Then you have GMO producers who twist the research to spread dangerous foods around the world, destroying health for many generations. And governments know this but allow them free reign for money. If we destroy the elemental daemon, the corruption will begin to fall apart, and maybe these businesses can be reformed. The evil individuals sponsoring this corruption will still need to be dealt with, but if the daemons of corruption are first destroyed, things will begin to change, and more honest people will find the strength and resolve to expose the corruption. The following spell is designed to destroy the daemons. You do not have to visualise these clearly, so long as you attune with what and where they are, you will sense their energy during the meditation and witness it dissolving.

In this working we will call upon the power of Sekhmet. You will need to print out the illustration below. You will also need a black and a white candle, a length of black string or wool, a large jar or vase, some incense, and a new white cloth as an altar covering.

Prepare your altar cloth by washing it in water containing your mornings first urine and letting it dry. Print out the coloured picture of Sekhmet with hieroglyphs, and expose it to moonlight for one night. Then roll it up and put it inside the vase or jar. Place this on the altar with the black candle to the left of it and the white candle to the right. Around each candle wind the black wool or string 12 times and tie it on. Light the candles and incense and call upon Sekhmet. Pray to

her for while telling her about the corrupt elemental force you want her to destroy. Then close your eyes and repeat her mantra: Sa Sekhem Saku Sekhmet, over and over again while surrendering to Sekhmet and waiting for her power to come through. It may help to imagine yourself being lifted up into her light. At some point you'll feel the rush of power through you and will sense yourself being uplifted to become one with Sekhmet. The proper attitude to adopt now is to keep the ego out of the way, but to allow Sekhmet to do all while you are the witness. In your imagination you will see or somehow sense the daemonic force, and will witness Sekhmet's light gradually breaking it down and destroying it. The daemon will try to fight back or otherwise try to survive. You must simply witness until it is totally gone. Then give thanks to Sekhmet and blow the candles out.

Before doing this you obviously need to decide which daemon you are destroying; i.e. what company are you focusing on in order to destroy its corruption. Working alone this might take a lot of time, but once we work together as a group these daemons can be destroyed quickly.

2) Destruction of the evil leaders.
The Sekhmet ritual can be adapted to destroy an evil person, once we have named the person responsible for the corruption. This is where we need to work together and share information. Some are not difficult to find, such as the main money makers in pharmaceutical companies, GMO producers, and arms manufacturers. Because these individuals are surrounded by daemonic forces, we will need to work together to destroy them.

The same altar set up as before should be used, but with the addition of food and drink offerings. The traditional offerings for Sekhmet are pomegranate juice mixed with beer, grains such as wheat, rice, barley and corn, and milk. The pomegranate juice mixed with beer produces a red liquid like blood. This pacifies Sekhmet so that she is not out of control, whereas blood would set her off on the rampage which is hard to stop.

Light the candles and incense, call Sekhmet, and then lift up each offering to her as you pray. Write of the name of the offender on a piece of paper, and if possible, have a photo of them handy. After feeding Sekhmet, offer her the evil person and ask that she eat him. But the photo and name in a small bowl and pour onto it some of the blood coloured mixture. As before, close your eyes and recite Sekhmet's mantra, until you feel yourself being lifted up to become one with Sekhmet. From here just witness Sekhmet's power gradually destroying the evil person. When it is finished come out of meditation, thank Sekhmet and blow out the candles.

3) Vodou retribution wanga.
This powerful vodou spell is designed to bring divine retribution upon your personal enemies. If goodness is to hold sway on this earth, it is important that people bring to justice the abusers in their own lives. The more people who do this, the fewer abusers there will be in the world.

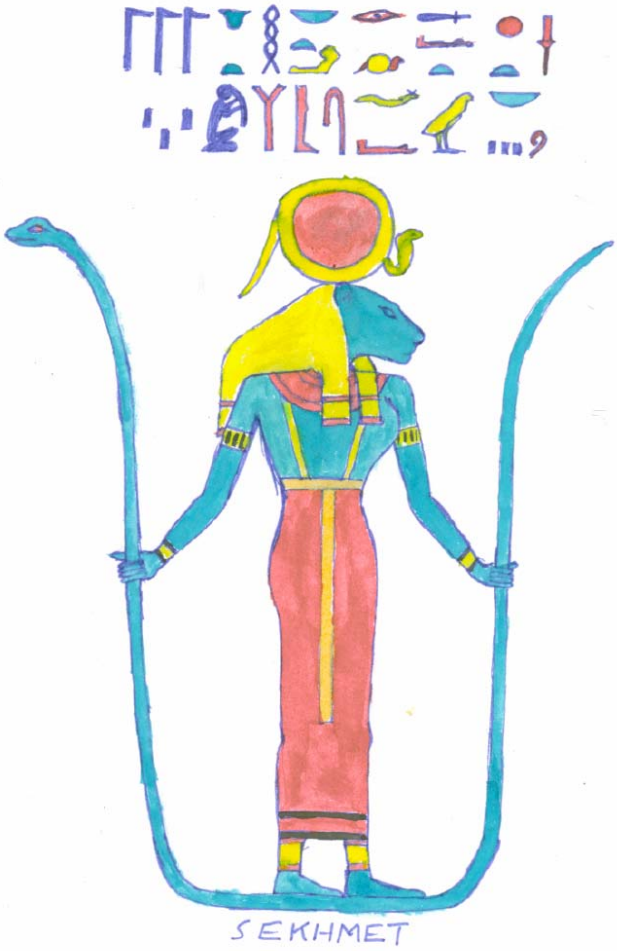
In this ritual we are going to call upon the vodou lwa, Simbi Makaya and Erzulie Dantor. Simbi Makaya is the lwa of magic, and is also the judge. Erzulie Dantor is his wife, and is the lwa of protection and vengeance. Working with them together is a powerful way to bring retribution on those who attempt to do you harm. At the end of this course you will find the vevers of these two powerful beings. You should copy these out. In the ritual, you are going to carefully trace these images on the floor with rough corn meal or polenta. Apart from corn meal, you will need your altar cloth, red and black candles for Simbi Makaya, dark blue and yellow candles for Erzulie Dantor, and the food and drink offerings. They both like the same food: pork, yams, sweet potatoes and plantains. Prepare a large bowl of these foods, preferably in a calabash or wooden bowl. For Simbi Makaya, also give him a glass of whisky and three cigarettes. For Erzulie Dantor, a glass of crème de cacao. You will need one extra candle to go in the food bowl. It is also useful to have a rattle to help call in the vodou lwa.

Prepare your ritual space by thoroughly cleaning it and set up the altar. Have a bowl of cornmeal with a little wood ash mixed in next to the altar. Light all the candles. Take a little time to pray to

whatever deities you believe in.  In vodou the Lord's Prayer and the Hail Mary are commonly used.  Lift up the bowl of cornmeal/wood ash and offer it to the four quarters; first East, then West, then North, then South.  Then facing east take some of the cornmeal between finger and thumb and carefully trace the two vevers on the ground.  And then lift up each of the offerings, and offer them to the four quarters in the same order.  Shake the rattle all around the altar and over the vevers while calling first to Kafou to open the door, and then to Simbi Makaya and Erzulie Dantor to come and accept your offerings and hear your prayer.  While speaking with them, hold the extra candle between your hands.  Tell them about all this person's offences, their abuse of power, and why they should be stopped and punished.  Put emotion into your prayer.  Then put this candle upright in the bowl of food and light it.  Ask the lwa to eat your enemy.  Give thanks in advance and then leave the food on the altar until the candles have burned down.  The next day, leave the food offerings at a crossroads.

The severity of punishment will depend on the crime.  Let the lwa be the judges.  In deserving cases, they will actually eat the person’s energy so that they become weak, ill and gradually die away.  After you have seen results, give thanks to the lwa and offer them another feast in gratitude.

If you are being just, there is no fear of karmic return.  On the contrary, everybody who does this work experiences great improvements in many areas of life.  Remember, it is bad karma not to act against your aggressors.  When you assert yourself in this way, you take on your full power and all your magic works better than ever before.  I have given you here the more aggressive side of magic as it is sorely needed.  There is already plenty of information available about visualisation, manifesting your dreams, and all kinds of positive magic.  Once you've done this course and taken back your power, all those methods will work very well.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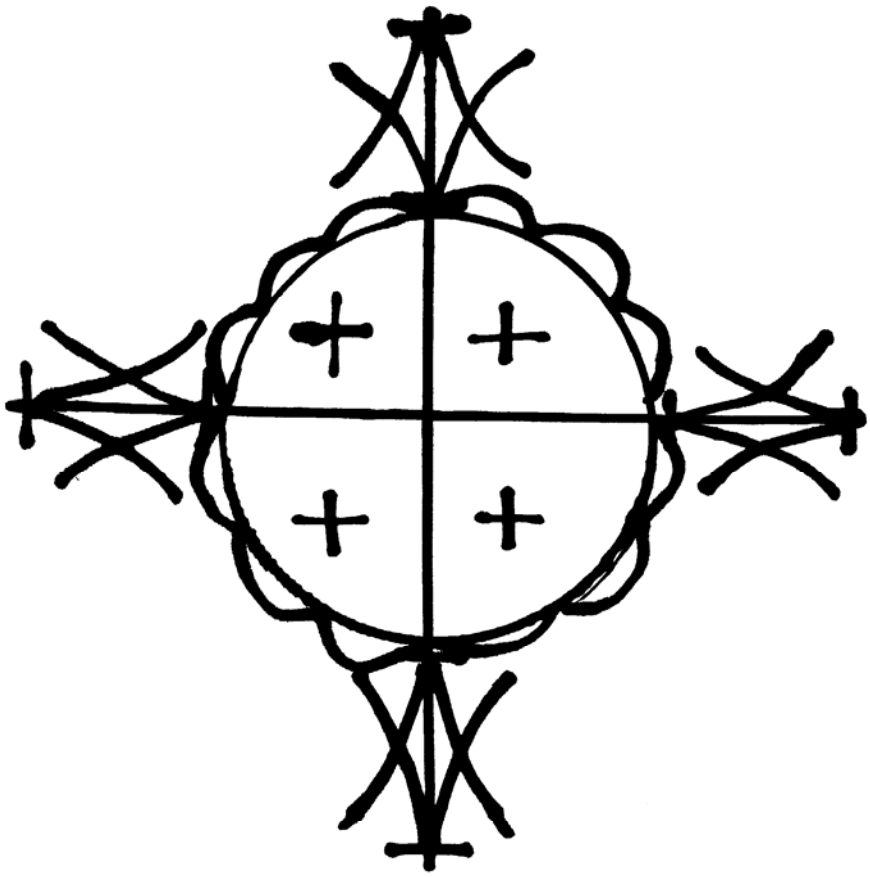
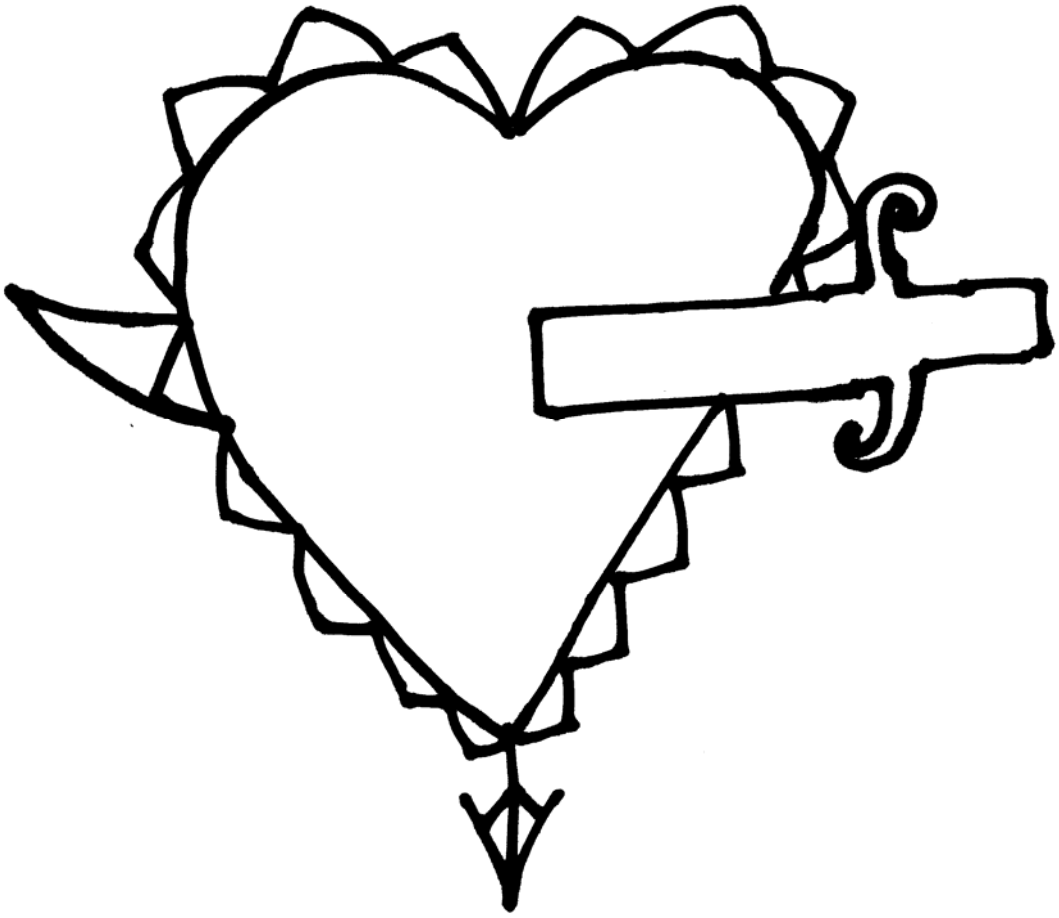


SIMBI MAKAYA



ERZULIE DANTOR